

ANNUAL REPORT 2015 - 2016



DEAN Foundation
CELEBRATING LIVES

(To Dignify and Empower the Ailing and the Needy)

Hospice & Palliative Care Centre

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DEAN Foundation

Hospice & Palliative Care Centre

From the Chairman's Desk . . .

*T*aking Palliative Care forward, through these 18 years has been an awesome learning exercise – to my staff, volunteers and myself. Through all the ups and downs, our lives have been significantly enriched through the 1306 lives and families we have touched, and who keep us challenged and inspired each day. Our services aim to help patients maximize independence, minimize the effects of the disability or illness, move smoothly through caregiving modalities and remain in their homes in spite of multiple chronic illnesses. Although we have no way to determine how long anyone might live - days, weeks, months, years - for those with such illnesses we provide attention to personal preferences and values, assure pain and symptom management, and emotional and spiritual support.

Community Based Rural Hospice and Palliative Care & Geriatric Support Services at Kancheepuram continues service to the rural poor. In the aftermath of the flood, we were faced with the task of locating our patients to deliver care and replenish medicine stock. Mud walls had collapsed! Thatched roofs had disintegrated! DEAN Foundation with support from donors engaged in distributing medical supplies and basic necessities for survival to help them achieve some semblance of normalcy. Huts of 10 patients in Kancheepuram District were renovated.

A standard in delivery of Palliative Care to children between 0 and 12 years has been set and continues to be maintained at the Dept. of Paediatric Palliative Care funded, manned and managed by DEAN Foundation in the Institute of Child Health and Hospital for Children, and benefitted over 294 children in different wards.

Staff, who participated, enjoyed the learning from the IAPC Conference that was held in the delightful city of Pune. The theme for the Conference was “Engage, Educate, Empower, Excel in Palliative Care”. At this juncture, a decision was taken that DEAN Foundation would conduct a certificate course in Paediatric Palliative Care.

I am thankful to the donors, friends, volunteers, our community and all who have supported us with advice, donations in kind, and helped create awareness for DEAN Foundation. To mention a few, Corporates who have joined hands together with us in CSR and schools that have allowed DEAN through their portals, to create awareness and raise funds.

I request your continued support and involvement in our efforts and endeavours to take DEAN Foundation to greater heights; to fulfil our dreams of taking Palliative Care to the remotest corners of Tamil Nadu. With your sustained backing I look forward to an enriching year ahead; this would be possible only with you standing solidly by our side.

This quote by Dr. Rachel Naomi Remen from her show "Listening Generously" sums up the spirit behind DEAN Foundation's work with our patients: "The view from the edge of life is so much clearer than the view that most of us have, that what seems to be important is much more simple and accessible for everybody, which is who you've touched on your way through life, who's touched you. What you're leaving behind you in the hearts and minds of other people is far more important than whatever wealth you may have accumulated.

Deepa Muthaiya

Vision:

To create a robust environment that facilitates, nurtures and assists those with core competencies in the provision of Hospice and Palliative Care Services; to address unique challenges and opportunities; and to develop and sustain outstanding research and academic activity, political engagement and service delivery.

Mission:

- To care for those who are suffering from irreversible diseases like Cancer, AIDS, Diabetes, Neurological and Kidney diseases - irrespective of age, sex, religion or economic background
- To relieve pain and suffering
- To support the family during illness and in their bereavement
- To help find meaning in the midst of life's struggles in an unconditional, non-judgmental environment
- To enhance the quality of life

Nature of Service during the Year:**a) Free Out Patient Service**

Provision of medical and emotional support, advice and training to family members of the patients, controlling of pain and distressing symptoms, advice on nutritional requirements, helping to meet the social, emotional, and spiritual needs of the patient.

b) Free Home Based Care

Consists of medical treatment for active symptom management, basic nursing care, infection control, counseling and bereavement support, promoting acceptance of patients with AIDS in society, enhancing quality of life as long as life lasts, advising patients on proper nutrition.

c) Free Counseling Centre

Offers Compassionate Listening, Counselling, befriending, support for those in grief, bereavement, substance abuse, etc.

d) Training

Doctors in government service, Nurses, Paramedics and Volunteers are trained to understand the principles of Palliative Care and help in service delivery, creating awareness and patient referrals.

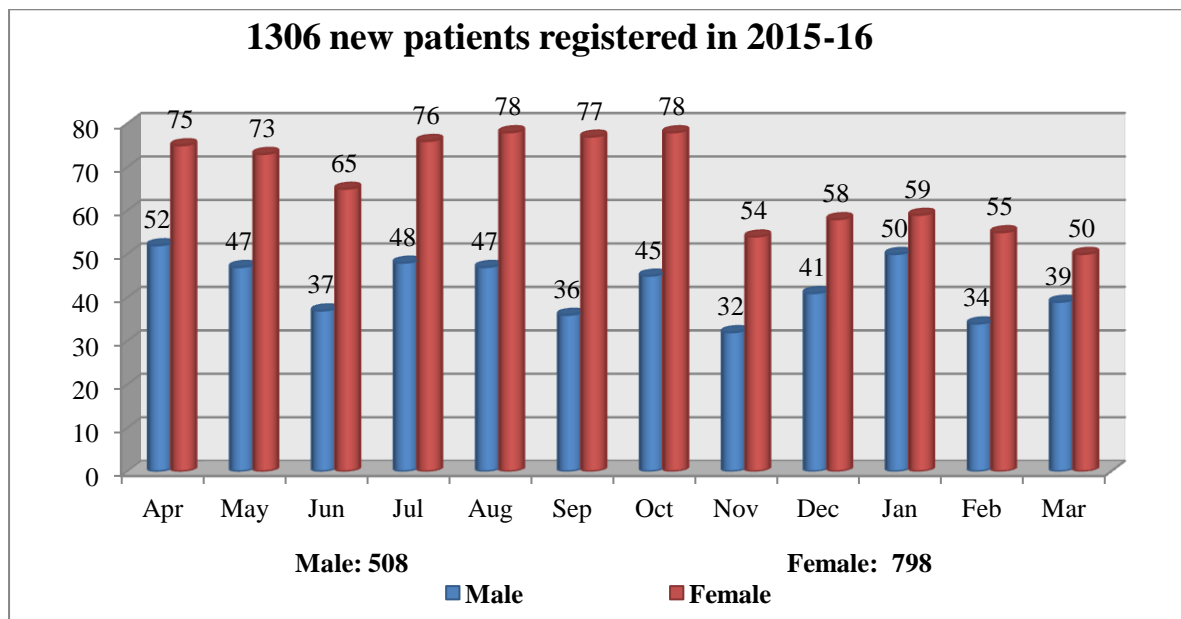


Our doctors at work in various settings

Our Service:

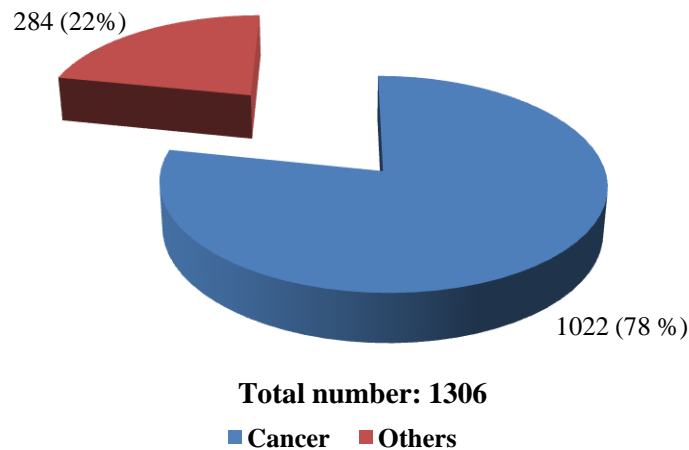
Since inception in 1998, DEAN Foundation has worked incessantly towards providing Palliative Care services to the urban poor of Chennai & surrounding districts, children in the Institute of Child Health and Hospital for Children, Egmore, and the rural poor of Coimbatore and Kancheepuram District.

The need for more Hospice & Palliative Care Centres, to cater to the ever increasing numbers of terminally ill, both cancer and other patients, is on the rise. This year, the number of new patients registered for Palliative Care is **1306**. Our medical team endeavours to maximise the quality of life of our patients.

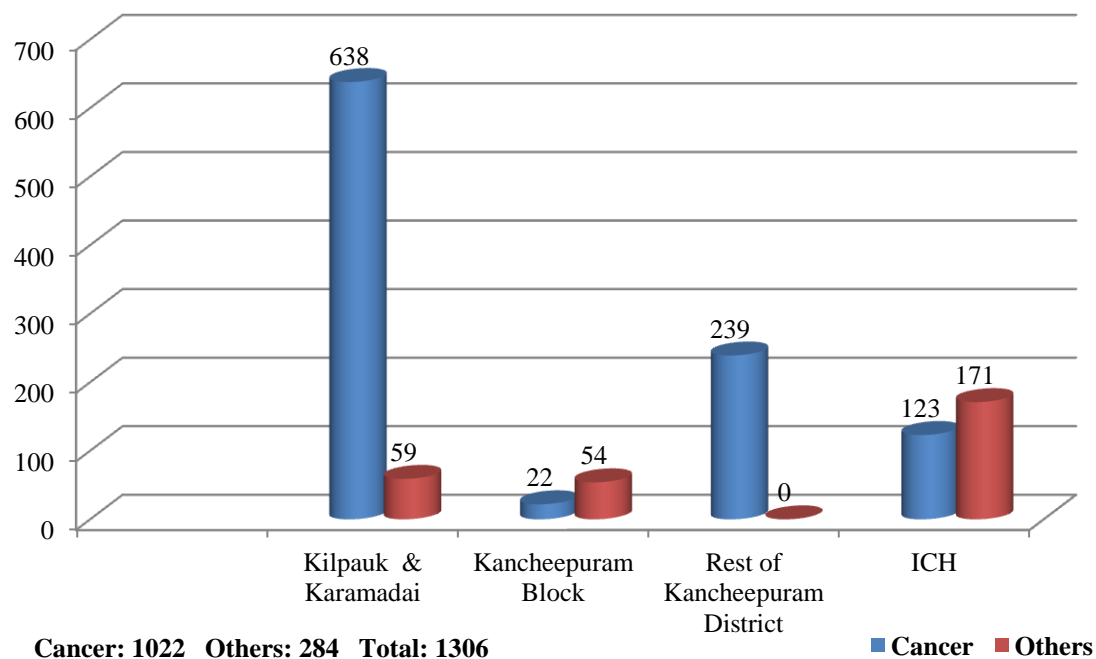


Patients are referred to DEAN Foundation by over 150 doctors in Chennai. They also approach us through word of mouth referrals, website and through social media. Over 80% of our patients are from the lower income group, devastated financially and traumatised physically, mentally & emotionally by the disease. Cancer patients form about 78% of the total patients treated.

Overall patients disease category in 2015-16

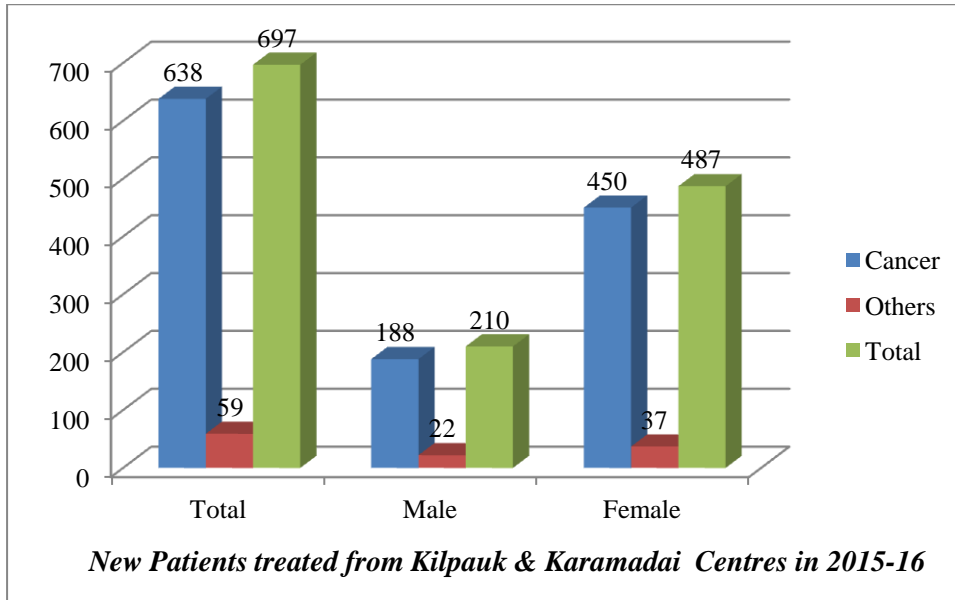


Disease-wise breakup at each centre in 2015-16



DEAN Foundation, Kilpauk, Chennai

- ✓ Provides Out-patient services and Home Based Care
- ✓ Works with the Department of Health & Family Welfare and State Health Society, Govt. of Tamil Nadu
- ✓ Provides awareness, training, education and research
- ✓ The Head Office and Resource hub creates new collaborations and partnerships
- ✓ Is involved in advocacy, setting standards, networking and support systems
- ✓ Mentors and assists in setting up new Palliative Care Centres

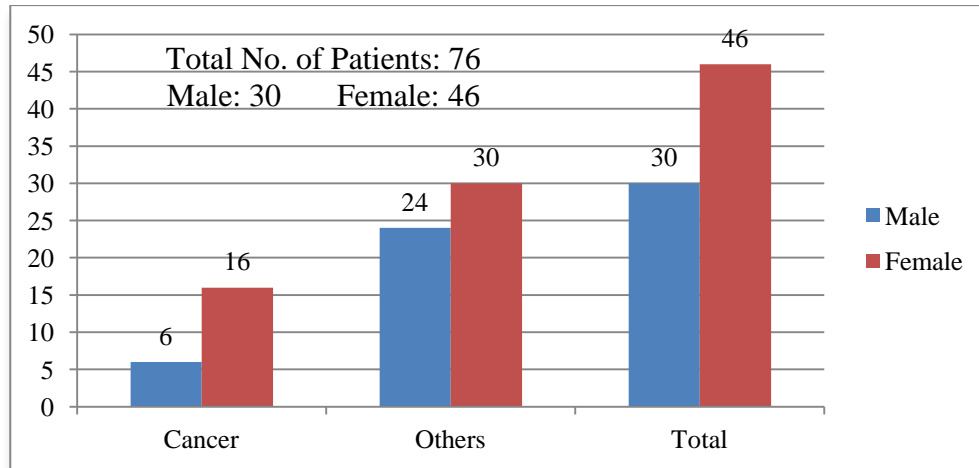


Hospice & Palliative Care and Geriatric Support Services, Kancheepuram District

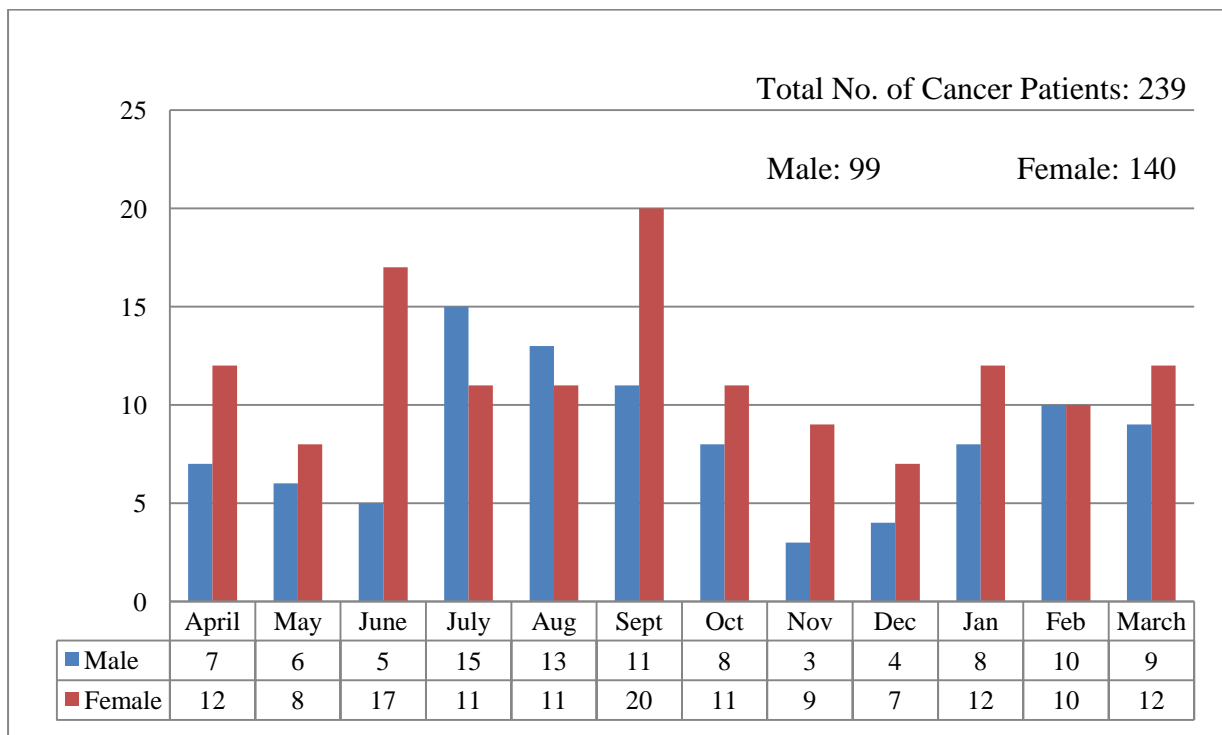


Characteristics of the project:

- ✓ First pilot project under the National Rural Health Mission (NRHM)
- ✓ First NGO to be given a place in the Government Primary Health Centre to provide Palliative Care Services
- ✓ First Rural Outreach Hospice project under the government Health Care System at the upgraded PHC in Thiruppukuzhi, Kancheepuram Dist., started on 29th Dec. 2009, in collaboration with the Department of Health and Family Welfare
- ✓ Assists the **Palliative Care Out Patient Clinic** at Government Arignar Anna Memorial Cancer Institute, Kancheepuram District



New Patients treated in Kancheepuram Block in 2015-16



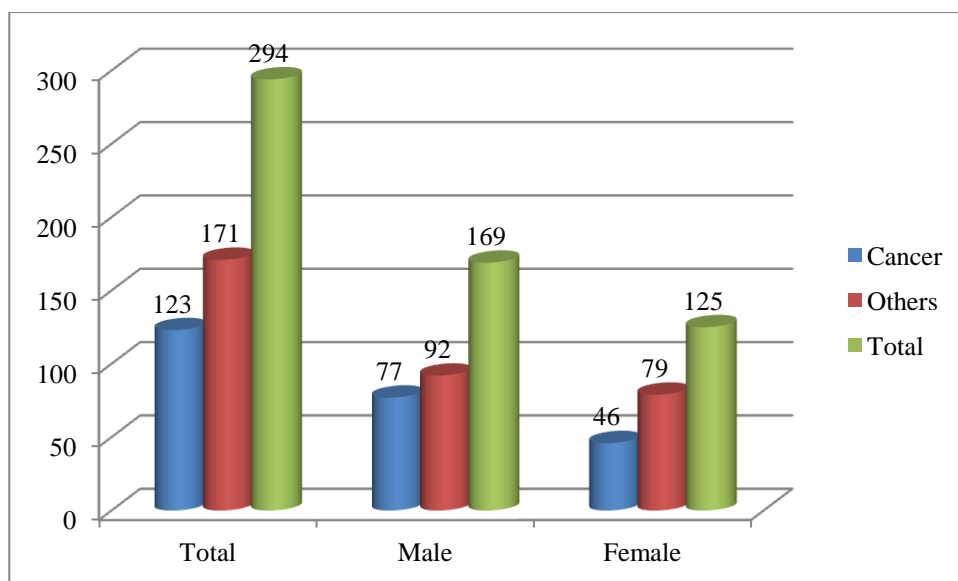
Patients treated in rest of Kancheepuram District in 2015-16

Paediatric Hospice and Palliative Care Services, ICH Egmore, Chennai

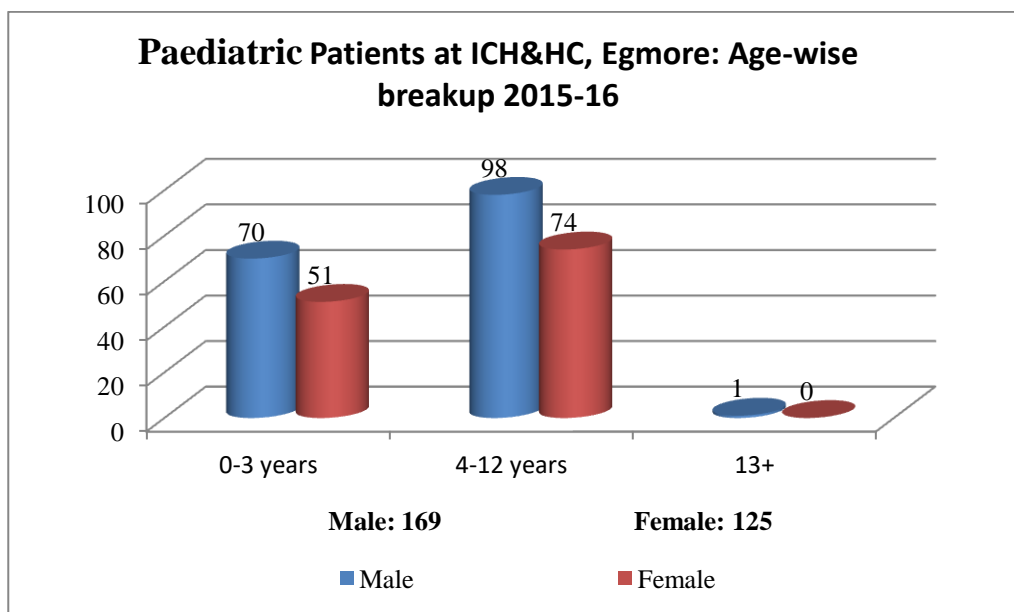


The Paediatric Palliative Care ward staffed and managed by DEAN Foundation at the Institute of Child Health and Hospital for Children (ICH&HC), Egmore

- ✓ First Paediatric Palliative Care project in the Tamil Nadu Government Health Care System
- ✓ Ward housed in ICH, one of Asia's premier institutes; handed over to DEAN Foundation on the 12th of April 2010
- ✓ Facilitates a multidisciplinary approach with consultation of specialists from other disciplines



Children treated in the Children's Hospital (ICH&HC), Egmore during the year



Integrated Palliative Care & Geriatric Rural Outreach Project, Karamadai, Coimbatore

- ✓ DEAN Foundation owns an acre of land in Karamadai Block, located 35 Km from Coimbatore and 8 Km from Mettupalayam off the Coimbatore – Mettupalayam Highway.
- ✓ Activities include Outreach Camps conducted in Schools and Home Care visits in and around Karamadai Block, Coimbatore City and the Nilgiris District.
- ✓ Building for outpatient services is under construction.



Highlights of 2015-16

Our Tribute:



Our Trustee, Mr. P. S. Govind Rao, passed away on 27 November 2015 after a period of protracted illness. Mr. P. S. Govind Rao, has been a friend of DEAN Foundation, even before he became our Trustee. As a multifaceted, versatile and gifted individual, he was an Architect par excellence and is featured amongst the Who's Who of India. He was a Painter of National repute and his skill at growing Bonsai plants is known overseas, and many international visitors made it a point to visit his exotic garden as part of their travel agenda. His illness and subsequent demise has left an indelible loss to the organization, and he is sorely missed. Our condolences to the family and all those he held dear.



Mr. C.P.S. Menon, a long standing and very devout advocate for DEAN Foundation breathed his last on 4 June 2015. With his vast experience in accounting and finance, he helped strategise and budget various projects. He also helped DEAN with fundraising. In the worst of times, his very optimism, compassion, discipline and self-restraint lifted our flagging spirits. He exuded an inner joy and childlike delight in little things. Always compassionate at the plight of the marginalised and the suffering, his demise is a great loss to all of us.

Rehabilitation and Resettlement:



Chennai floods and the subsequent hardship and destruction caused to many of our bed-bound patients in low lying areas, was brought to the table. We reached out to our patients and their families on a war footing. Many of our own staff had to be accommodated in the office and provided food, to help them tide over the crisis.

✳ During a post-flood inspection, our benefactor, CAMS Online, was appreciative of the work being done for displaced families. They helped rehabilitate 10 families by renovating huts that were devastated by the floods.

New beginnings:

Mr. Ravi Kumaran Nair was invited to be a Trustee on the Board, in place of Mr. Govind Rao. Mr. Nair has had a long association with DEAN Foundation, even while DEAN was still an idea waiting to be born, in the Founder's heart. He has been a Donor, Trainer, Fundraiser, Volunteer, Counselor and Therapist for DEAN Foundation since inception. The Trust is fortunate to have him on board.



4 November 2016 saw the inauguration of new premises of the Paediatric Palliative Care Ward in the Institute of Child Health and Hospital for Children, Egmore and consequent relocation; the premises was renovated with the help of United Way of Chennai.

Advocacy bears fruit:

✳ On 7 April 2015, DEAN Foundation was a privileged invitee for a Video Conference where people from all over the country participated in "Palliative Care Initiative" in Thiruppukuzhi Upgraded Primary Health Centre, Kancheepuram District at Kancheepuram Collector's Office. DEAN Foundation was the only NGO invited by the State Government.

Awareness Programmes:



In September, as part of regular visits to start the Karamadai Project, DEAN Foundation staff visited many schools and conducted awareness during their school assembly.

* DEAN Foundation Anniversary Day was celebrated as Foundation Week from March 7th to 13th, 2016 by creating awareness at Express Avenue Shopping Mall, Marina Beach, Elliots Beach and Anna Nagar Tower Park.



DEAN Foundation was selected as NGO Partner by WCC, Chennai during Festeve, the College Culturals and also by Sri Venkateswara Dental College, Navaloor, during their Cultural event called "MOKSHAA" on 19th & 20th March 2016. This gave DEAN an opportunity to sensitize students who visited the stall.

* 2015-16 saw an increase in stalls in Corporates and colleges, for which we are grateful.

* Children in various schools in the city and suburbs were sensitised and encouraged to participate in the Kidz4Kidz Collection Drive; stressing on the fact that less privileged children in DEAN's care need help for their medical treatment.

* Joy of Giving Week was celebrated with Singer Hariharan taking the event to great heights. This annual event was organised by M/s Oriental Cuisines Pvt. Ltd. & CIOSA at the Chennai Trade Centre. Many visited the DEAN Foundation stall during the occasion.

* Like in the previous years, DEAN Foundation gained extra mileage when M/s. French Loaf organised its since 2010 of baking the World's Longest Photo Cake, with the theme "A tribute to Tamil Cinemas". DEAN Foundation was one of the NGOs who shared the proceeds from this year's Cake for a Cause by selling 300 Kgs of the 1000 Kgs baked.



DEAN Foundation participated in "The Chennai Wipro Marathon 2015", a Charity Run conducted by Chennai Runners Association and United Way of Chennai. This resulted in increased awareness of DEAN's work.

Capacity Building:

* 23rd International Conference on Palliative Care was held in Hotel Hyatt, Pune. The theme for the Conference was “Engage, Educate, Empower, Excel in Palliative Care.” This was attended by some of the DEAN staff. During this occasion a certificate course in Paediatric Palliative Care, to be conducted by DEAN Foundation, was planned.

* Two of the staff attended the Effective NGO Leadership Summit, Balancing Heart, Head and Hand, organised by Sevalya, Chennai from 17th to 19th February 2016. This was conducted by Anthony Silard, celebrated Leadership Coach from US based social leadership organisation, Centre for Social Leadership (CSL).

Accreditation & Recognition:

After going through rigorous Due Diligence process, DEAN Foundation has been approved to be a credible implementing partner under the CSR Rule of the new Company's Act, by the IICA, an arm of the Ministry of Corporate Affairs, Delhi. **IA Hub Code : A000168.**

* IBM invited Mrs. Deepa Muthaiya as the Guest Speaker on 8 March 2016, at IBM India's Women's Day Celebration. The event brought together Innovative Women from around the country to share their experience and was beamed live to audiences in Delhi, Mumbai, Pune, Bangalore and Chennai. More than 150 women working in the pre-sales team of IBM participated in this in-house session. The thrust of her presentation was on the importance of life: "What you do today is important because you are exchanging a day of your life for it." Unknown.

* Chennai Recycle League, a Trash recycling effort, conducted by Paperman for NGOs, in the month of June, 2016 brought DEAN increased awareness and publicity; ranking DEAN Foundation **First** among 10 NGOs.

Balance Sheet for the year ending 31 March 2016

LIABILITIES	Amount	Amount	ASSETS	Amount	Amount
Capital Account			Fixed Assets		
Corpus Fund	47,59,412.00		Bought Assets	35,03,747.93	
Capital A/C	16,22,043.50		Fixed Assets from Donation in Kind	1,55,062.46	
		31,37,368.50			36,58,810.39
Loans (Liability)			Current Assets		
Secured Loans	2,47,438.00		Closing Stock	1,28,790.00	
Unsecured Loans	20,43,324.40		Deposit (Assets)	23,700.00	

Current Liabilities		22,90,762.40	Loans and Advances (Assets)	3,45,580.57	17,89,477.51
			Cash in Hand	10,204.75	
			Bank Accounts	12,81,202.19	
Duties and Taxes		20,157.00			
Total		54,48,287.90	Total		54,48,287.90

Income and Expenditure account for the year ending 31.03.2016

Expenditure	Amount (Rs)	Income	Amount (Rs)
Direct Expenses		Direct Incomes	
Administration Expenses - Chennai	11,14,689.90	35AC Donations	40,48,100.00
Administration Expenses - Kancheepuram	1,64,691.00	80G Donations	82,09,281.13
Education & Research & Development Expenses	2,38,294.00	FCRA - Donations	18,35,787.50
Fundraising, Resource Mobilisation & Public Relations	13,53,755.20	Give USA Donations	41,881.13
Karamadai Patient Care Expenses	7,38,805.00	Miscellaneous Donations	4,30,461.00
Patient Care Expenses - Chennai	1,00,44,518.07	TN-Grant (NRHM)	12,50,000.00
Patient Care Expenses –Kancheepuram	21,31,267.46		
Give Expenses	7,65,207.54	Give India Donations	7,22,127.14
Depreciation	4,53,025.20	Bank Interest	17,034.31
Excess of Income Over Expenditure	3,23,634.90	Kiosk Donation	2,15,730.06
		Kind Donation Receipts	5,56,986.00
		Scrap Disposals	500.00
Total Amount	1,73,27,888.27		1,73,27,888.27

Receipts & Payments for the year ending 31-03-2016

Receipts	Amount	Payments	Amount
Opening Bank Balance	6,51,789.52	Patients Care – Chennai	97,14,368.47
Opening Cash Balance	13,081.65	Give Expenses	7,65,207.54
Donations Received	1,47,39,359.69	Education Research Development Expense	2,38,294.00
		Patients Care – Kancheepuram	20,88,111.46
Scrap & Disposables Sales	500.00	Fund Raising Resource Mobilisation & Public Relation	13,53,755.20
Bank Interest Receipts	17,034.31	Administrative Expenses – Chennai	11,14,689.90
Mahindra Navistar Ambulance Sold	5,58,068.39	Administrative Expenses – Kancheepuram	1,64,691.00
Assets Received as Donation in Kind	2,54,289.00	Karamadai Hospice Expenses	7,38,805.00
NRHM Kancheepuram Govt. Grant	12,50,000.00	Advance & Deposits	10,000.00
TDS Deducted - Payable	2,40,389.00	Capital Expenditure	10,91,247.39
Kind Donation Revenue Receipts	5,56,986.00		
Give India Donation	7,22,127.14	TDS Paid	2,08,333.00
Give FCRA Donation	41,881.13		
		Vehicle Loan Repayment	2,66,595.93
		Closing Bank Balance	12,81,202.19
		Closing Cash Balance	10,204.75
Total	1,90,45,505.83	Total	1,90,45,505.83

Staff and Volunteers of DEAN Foundation



Staff Strength and Details

At the close of the year, our staff strength was **29** consisting of two full time doctors, two part time doctor, two consultant doctors, four nurses, two administrative officers, one Social Worker and Counsellor and other essential staff.

Staff remuneration [Gross annual salary + benefits] (INR)

Head of the organization	Rs. Nil
Highest paid:	Rs.9,00,000 per annum
Lowest paid:	Rs.54,000 per annum

Slab of gross salary (in Rs.) plus benefits paid to staff (per month)	Male staff	Female staff	Total staff
Less than 5000	0	2	2
5,000 – 10,000	2	7	9
10,000 – 25,000	8	7	15
25,000 – 50,000	1	1	2
50,000 – 1,00,000	1	0	1
Greater than 1,00,000	0	0	0

Details of Staff Travel:

Travelling Expenses to Board Members	There is no reimbursement or remuneration to Board members
Travelling Expenses to Staff:	
National Travel	Rs.2,00,276/-
International Travel	Zero

Registration Details:

Type	Reg. No	Reg. Date	Valid until
Section 12A	60/98/99	25/5/1998	Permanent
FCRA	75900984	18/8/2004	1/11/2021
80G	DIT(E) No. 2(20)/98-99	9/9/1999	Permanent
35AC	F No. NC-51/2004	7/4/2004	31 Mar. 2016 (under renewal)
PAN	AAATD3083C		Permanent

DEAN Foundation Managing Committee

Board of Trustees

Managing Trustee	1	Mrs. Deepa Muthaiya, MA (Eng.), MA, MPhil (Journalism and Communication)
Trustee	2	Dr. Ravi Sundar George, M. V. Sc., Ph.D. Professor & Head, Dept. of Veterinary Surgery and Radiology, Tamil Nadu Veterinary & Animal Sciences University
Trustee	3	Mr. Ravi Kumaran Nair, B.Sc Mech. Engg. Deputy Director General (Retd) Ordnance Factories



"We cannot change the outcome, but we can affect the journey." Ann Richardson

DEAN Foundation

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