

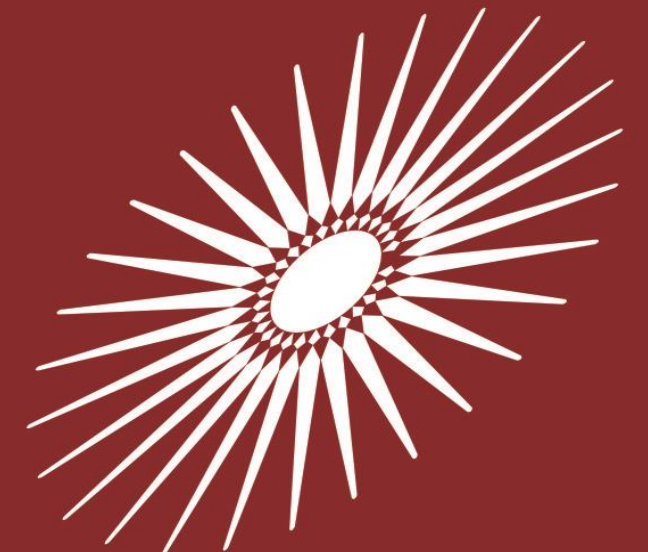
# Annual Report

## 2019-2020

**D|E|A|N** Foundation  
CELEBRATING LIVES

To **D**ignify and **E**mpower the **A**iling and the **N**eedy

Dedicated to the care and management of people with progressive, incurable diseases, since 1998







*From the Chairman's desk...*

*2020 marks the 22nd year of DEAN Foundation's excellence in Patient and Family care from the grass roots' level of community engagement to the government tertiary Paediatric hospital where critically ill children with life threatening illness, are cared for, with specialties support from the State Government.*

*Through these many years, Dr. K. A. Nambudripad has been at the forefront steering the medical services with the help of specially trained doctors and nurses and other support staff through extremely challenging times.*

*With a WHO certification in Palliative Care, at the age of 60, from Calicut, he reminisces on his 20+ year's career and of his love for DEAN Foundation. At 81, Dr Nambudripad says, "I hope to serve DEAN Foundation as long as my health permits. I love my work here and find it very rewarding. Besides, my wife and daughters are*

*very supportive of my mission." Dr. Nambudripad joined us when we were functioning from two rooms! DEAN Foundation is indebted to Dr. Nambudripad for not despising small beginnings !*

*When talking of his work, he says – "This work is unique! More than the treatment rendered – spending time to talk, to share and advice, to comfort and encourage, gives me immense self-satisfaction and fulfilment." "As a student in a Medical School, I was not taught about psychological and spiritual problems – and this made all the difference! Give personalized attention to the patient. That way, when they die, we feel bad and grieve with the family – it was all so different for me."*

*We are also immensely grateful for your guidance and stewardship. Thank you, Dr Nambudripad, for the selfless service, to DEAN Foundation, that you offer even today, setting a sterling example for others to emulate !*

*Is there anything in the community we're missing? How can we better educate our communities and how can we improve access? We keep asking these questions because we wish to provide greater access and better care for patients. I hope that we will be able to successfully meet the challenges of a rapidly changing environment, and evolve with the need of the times.*

*As always, our partners remain the keystone for all our successes, I would also like to acknowledge the unflinching support we have received from the Government, individual donors and corporate donors and thank them for their continued patronage of our work throughout the year.*

*May we continue to make this work a rich experience for all. Together, we have come a long way and it's time to celebrate all that we have collectively accomplished.*

*Deepa Muthaiya*



## Vision:

To create a robust environment that facilitates, nurtures and assists those with core competencies, in the provision of Hospice and Palliative Care services; to address unique challenges and opportunities; and to develop and sustain outstanding research and academic activity, political engagement and service delivery.

## Mission:

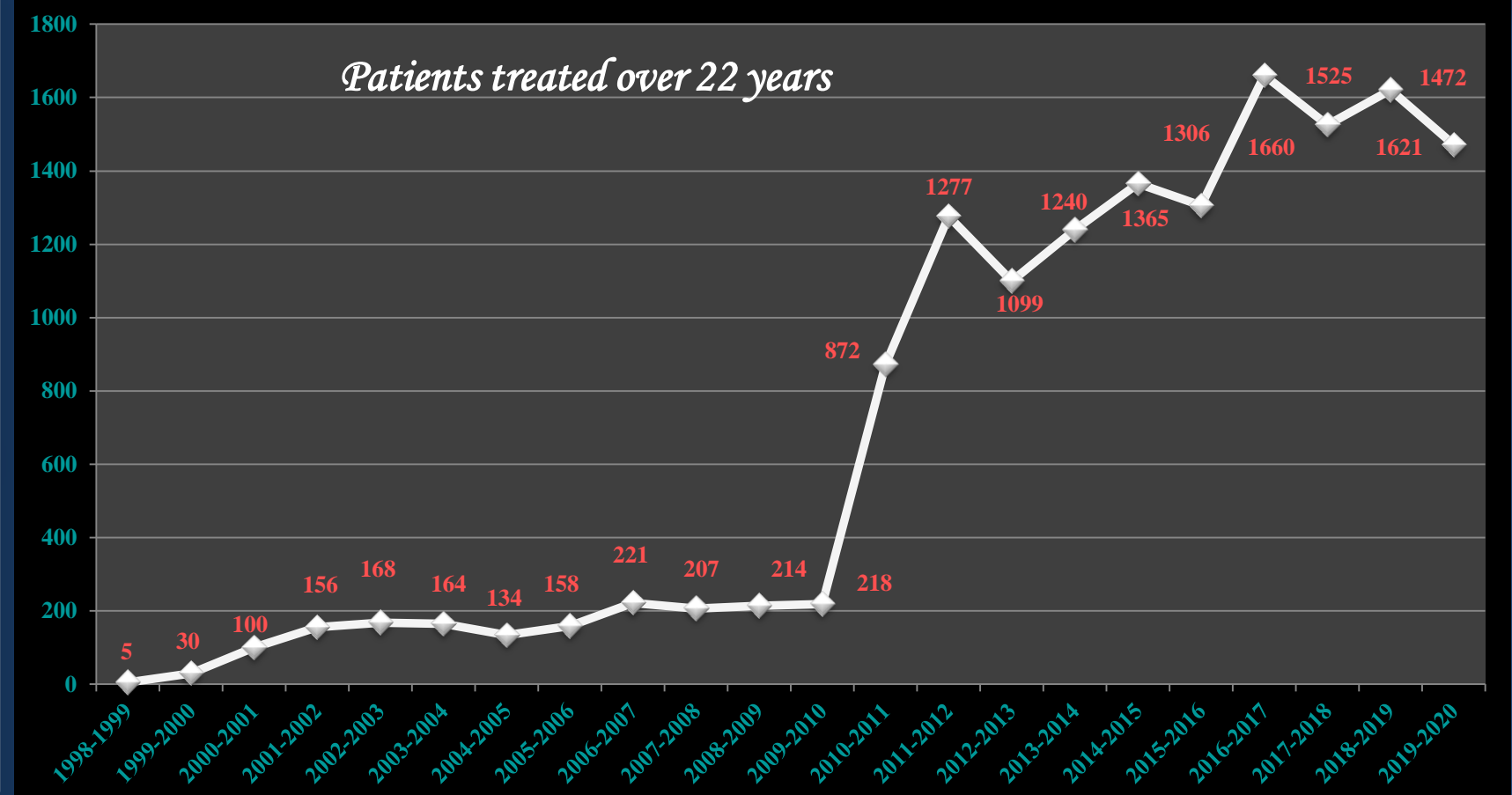
- To care for those who are suffering from irreversible diseases like Cancer, AIDS, End-stage Diabetes, Neurological and Kidney diseases irrespective of age, sex, religion or economic background
- To relieve "Total Pain" by anticipating, preventing and treating suffering
- To help find meaning in the midst of life's struggles in an unconditional, non-judgmental environment
- To enhance the quality of life
- To support the family during illness and in their bereavement

DEAN Foundation has been working from:

- (i) the Head Office in Kilpauk; since 1998
- (ii) the Government Children's Hospital, Egmore &
- (iii) the upgraded Primary Health Centre in Thiruppukuzhy, Kancheepuram District; since 2010 and
- (iv) the Karamadai Centre, near Mettupalayam, Coimbatore District; since May 2017.

We also offer Outpatient services at :

- the Institute of Obstetrics and Gynaecology (IOG) ward attached to the Children's Hospital, Egmore,
- the Arignar Anna Memorial Cancer Centre in Karapettai, Kancheepuram and
- the Tamil Nadu Government Multi Super Specialty Hospital, Omandurar

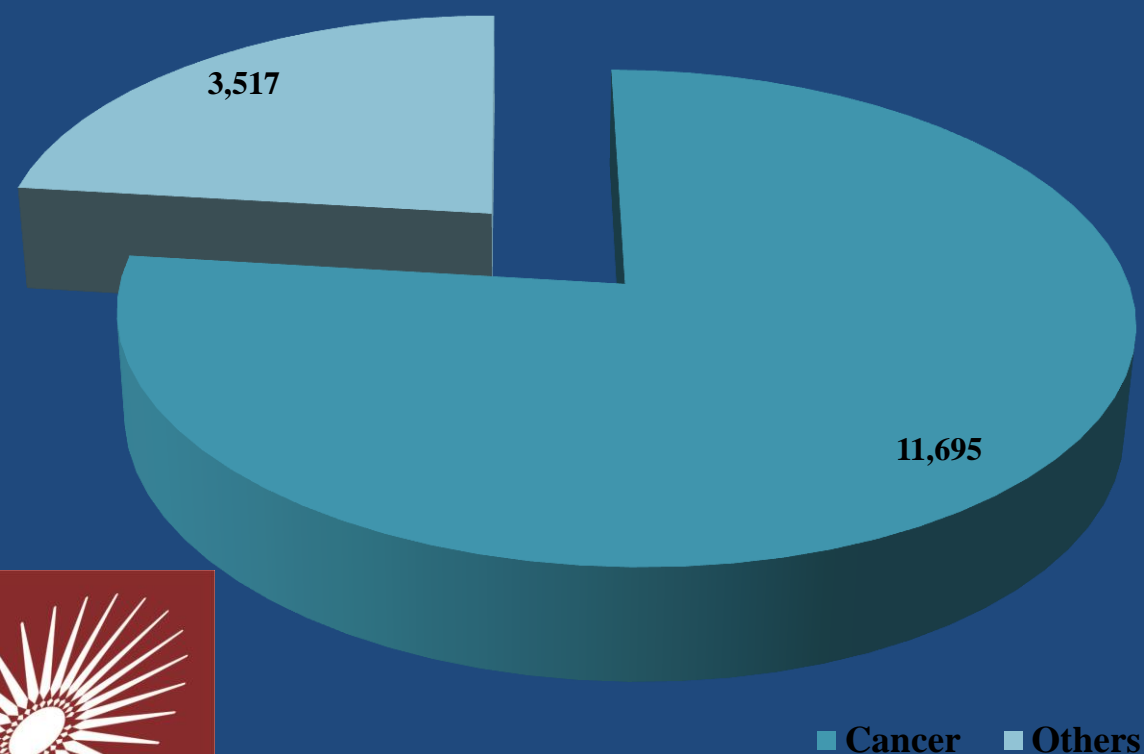




## Data from all 4 Centers, since inception :

### Data as on 31 March 2020 :

<b>Patients Treated</b>	<b>15,212</b>
<b>Cancer Patients</b>	<b>11,695</b>
<b>Home Care Visits</b>	<b>47,367</b>
<b>Out-patient Visits</b>	<b>67,477</b>
<b>In-patient Days</b>	<b>5,455</b>

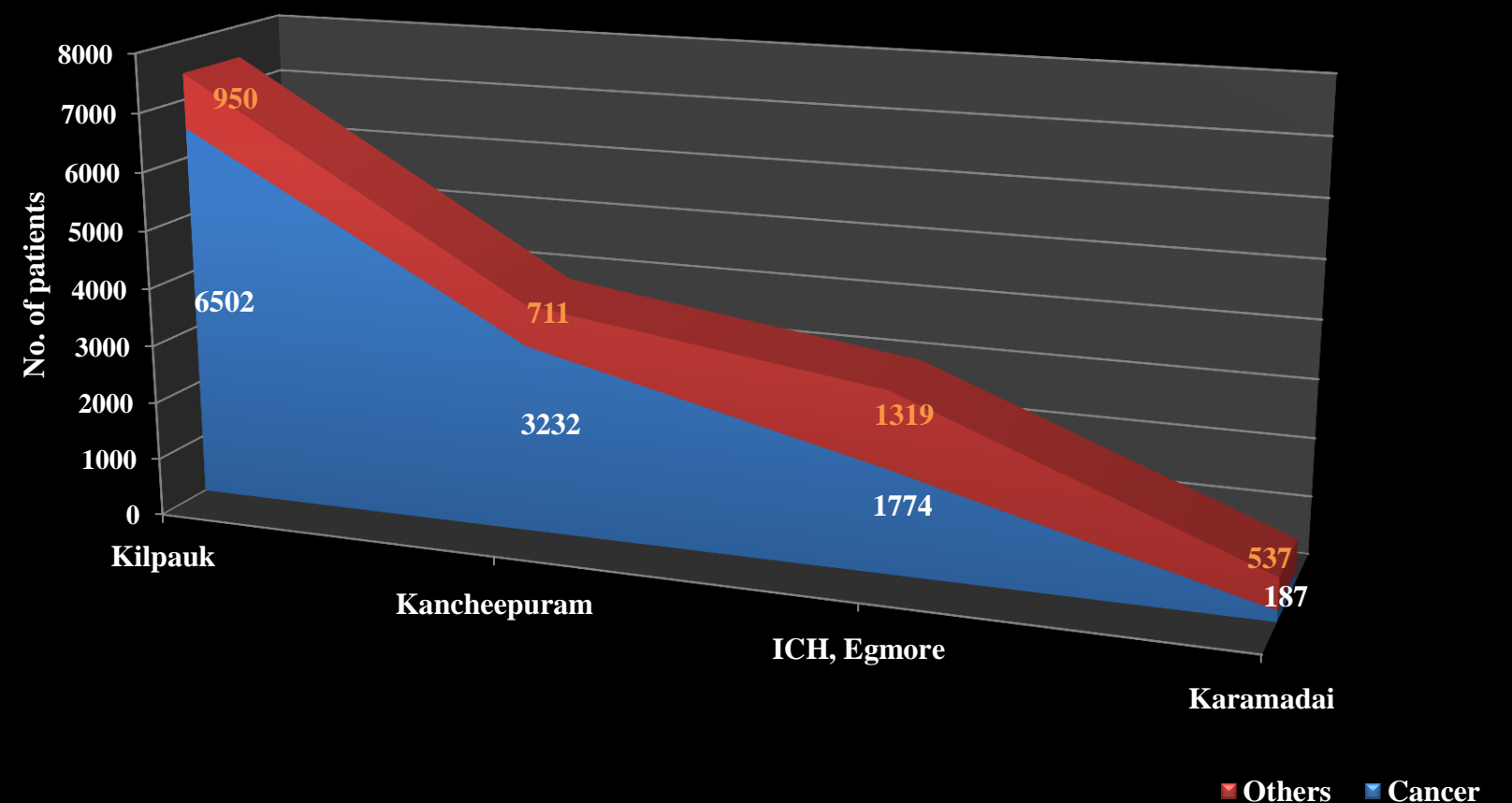


■ Cancer ■ Others

Total number of new patients registered in all four Centres for the year 2019-20: **1,472**

DEAN Foundation's Out-patient Centers are visited by patients referred by over 150 doctors in Chennai alone. Patients also approach us through word-of-mouth referrals and through the website. Over 80% of our patients are from the lower income group, devastated financially and traumatized physically, mentally & emotionally by life-limiting, advanced, incurable and chronic diseases.

*No. of patients cared for in each location, over the years*



■ Others ■ Cancer







Since 1998, DEAN Foundation has worked incessantly towards providing Palliative Care services to the urban and rural poor of the community with Palliative Care needs.

Patients taken care of, in Kilpauk, from 9 March 1998 to 31 March 2020 :	
Patients treated	7,452
Cancer patients	6,502
Other Diagnosis	950

## DEAN Foundation Hospice & Palliative Care Centre, Kilpauk, Chennai

The Head Office and Resource hub :

- ❖ Mentors and assists in setting up new Palliative Care Centres, Provides awareness, training, education and research
- ❖ Conducts Workshops and Seminars in Integrative Treatment modalities/ Therapeutic techniques
- ❖ Provides Out-patient services and Home Based Care
- ❖ Creates new collaborations and partnerships
- ❖ Works with the Department of Health & Family Welfare and State Health Society, Govt. of Tamil Nadu
- ❖ Is involved in advocacy, setting standards, networking and support systems





## Department of Hospice and Palliative Medicine, Institute of Child Health and Hospital for Children, Egmore, Chennai

Paediatric Palliative Care ward is staffed and managed by DEAN Foundation at the 838-bed Institute of Child Health and Hospital for Children (ICH), Egmore:

- First Paediatric Palliative Care project in the Tamil Nadu Government Health Care System
- Specialty Ward housed in ICH, one of Asia's premier institutes, handed over to DEAN Foundation for renovation and staffing
- Facilitates a multidisciplinary team approach with consultation of specialists from other disciplines providing seamless care



*Break from routine for children and their caregivers*

Children treated till 31 March 2020 from 10 December 2010			
Age Group	Male	Female	Total
0-3 years	628	450	1078
3+ to 12 years	1210	794	2004
13+ years	6	5	11
Total	1844	1249	3093





## Rural Outreach Integrated Hospice & Palliative Care and Geriatric Support Services, Kancheepuram

- First pilot rural Palliative Care project (4 months) in collaboration with the Dept. of Health and Family Welfare, Gov't of Tamil Nadu, under National Health Mission sanctioned on 29th Dec. 2009
- First NGO to be given a place in the Government Upgraded Primary Health Centre in Thirupputkuzhi, Kancheepuram Dist. to provide Palliative Care Services
- First Rural Outreach Hospice project continuing at the end of the pilot project under the government Health Care System in Kancheepuram District
- First NGO allowed to assist the Palliative Care Out-Patient Clinic at the Government Arignar Anna Memorial Cancer Institute, Kancheepuram District
- Trains Anganwadi workers and Nurses in various parts of Kancheepuram District in the philosophy of Palliative Care

**Patients treated in Kancheepuram Block  
from 29 December 2009 to 31 March 2020**

<b>Patients treated</b>	3,943
<b>Cancer patients</b>	3,232
<b>Other Diagnosis</b>	711

**The Kalyani Priya Palliative Care Initiative** financially assists the existing project at Kancheepuram by supporting a Nurse-led team.





# Integrated Palliative Care and Geriatric Rural Outreach Project, Karamadai, Coimbatore

Home Care Visits in collaboration with SBI Foundation – Project SBI Anugraha was initiated in Karamadai Block, Coimbatore District on 7 May 2017.

DEAN Foundation owns an acre of land in Karamadai Block, located 35 Km from Coimbatore and 8 Km from Mettupalayam, off Coimbatore – Mettupalayam Highway. Activities include Home Care visits in and around Karamadai Block and Awareness Camps conducted in villages.



For the elderly, DEAN's multidisciplinary team provides skilled service that achieves the hospice goal of promoting safety, independence, meaning and quality of life, despite the physical and mental decline.



**Patients treated in Karamadai from  
7 May 2017 to 31 March 2020**

- ☐ 17 Panchayats
- ☐ 724 Patients
- ☐ 8,446 Home Care Visits



## A few highlights of 2019-2020



13 April 2019: Mrs. Deepa Muthaiya spoke on "Palliative Care in Govt. Hospitals" detailing DEAN Foundation's journey with the Govt., at the TNPCS Palliative Care Workshop



7 Sept. 2019: A stall at the St. Matthais Church Fete



Nov.4 & 5, 2019: Mrs. Deepa Muthaiya at the National Programme for Palliative Care, All India Review Meeting.



9 March 2020: 22<sup>nd</sup> Anniversary Celebrations - Mr. S. Vasudevan, Ms. Jayalakshmi and Mr. T.C. Janardhanan.



## Volunteer Engagement



*From top left to right: World Hospice Day Celebrations at Express Avenue, Stall at Saarang, IIT Chennai, Volunteer training in Crafts and Potting, Battle of the Buffet 2019 at Chennai Trade Centre, Volunteer Meet at DEAN Foundation*







*Ms. Deepa Muthaiya at the Thursday Ladies Club*



*Mr. Prashant of Akmin speaks at a Volunteer Meet*



*DEAN at the Banyan Academy of Leadership in Mental Health, to students of Masters in Psychology*



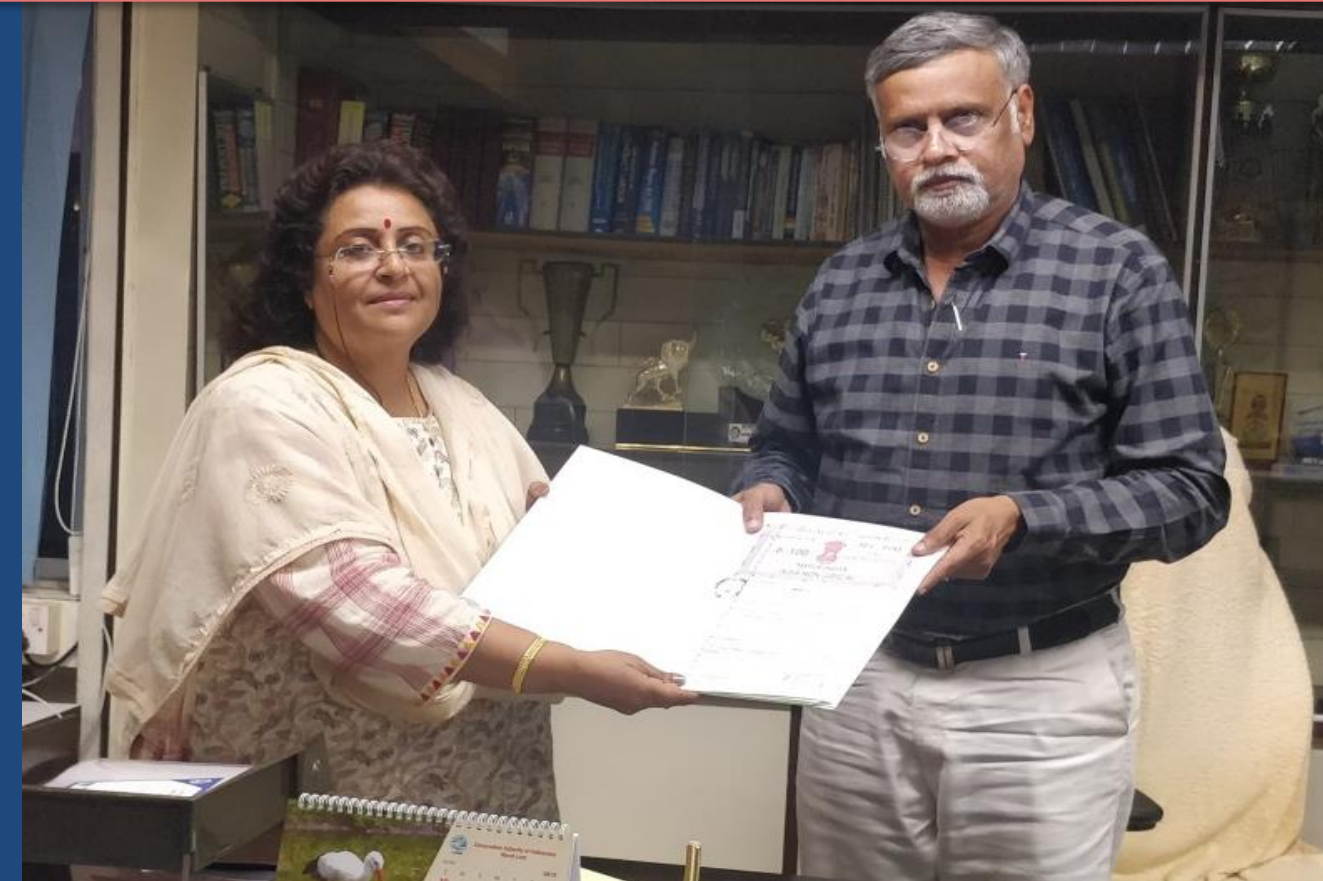
*Young Indians from WCC*



## A few highlights of 2019-2020



*22nd and 23rd April 2019: Dr. Stanley Macaden shared his experiences in Palliative Care with DEAN Foundation's volunteer coordinators, nurses and doctors*



*Mr. N. Mani,, CGM (HR),ONGC and Mrs. Deepa Muthaiya - MOU for the Home Care Project*



*25 Feb 2020: Dr. Jochen Becker (a proponent of Psychodrama for Palliative Care patients) from CIPLA, Pune, spoke to the Volunteer Engagement Project Team and staff of DEAN Foundation.*



Registration Details

Type	Reg. No.	Reg. Date	Valid until
Trust Regn.	271/98	9/3/98	Permanent
Section 12AA	60/98-99	25/5/1998	Permanent
FCRA	75900984	18/8/2004	1 Nov, 2021
80G	DIT(E ) No. 2(20)/98-99	25/5/1998	Permanent
PAN	AAATD3083C		Permanent

Staff Travel

Travelling Expenses to Board Members	There is no reimbursement or remuneration to Board Members
National Travel	Rs. 3,32,160/-
International Travel	Nil

Staff Remuneration

Gross Annual Salary & Benefits (INR)	
Head of the Organisation	Nil
Highest Paid	Rs. 5,64,445/- per annum
Lowest Paid	Rs. 89,247/- per annum

Board of Trustees

<b>Mrs. Deepa Muthaiya</b> MA Eng., MA, MPhil (Journalism and Communication)	<b>Managing Trustee</b>
<b>Dr. Ravi Sundar George</b> M.V.Sc., Ph.D. Retd. Professor & Head, Dept. of Veterinary Surgery & Radiology, Madras Veterinary College, Tamil Nadu Veterinary & Animal Sciences University	<b>Trustee</b>
<b>Mr. Vikram H. Kalkura</b> B.Sc. Maths Consultant - Software Developer	<b>Trustee</b>



# Balance Sheet as on 31 March 2020

## DEAN Foundation

Old No. 73/New No. 59, II Street, Aspiran Garden Colony, Kilpauk, Chennai - 600 010

LIABILITIES			ASSETS		
<b>Capital Account :</b>			<b>Fixed Assets :</b>		
Corpus Fund	49,33,606.00		Bought Assets	59,82,627.42	
Capital Account	14,10,051.32	<b>63,43,657.32</b>	Fixed Assets - Donations Received in Kind	2,43,608.00	
<b>Loans ( Liability ) :</b>			Building in Progress	17,09,058.00	
Secured Loans	12,91,451.60		SBI Funded Assets	9,00,705.92	
Unsecured Loans	28,72,875.40	<b>41,64,327.00</b>	Investments	49,000.00	<b>88,84,999.34</b>
<b>Current Liabilities :</b>			<b>Current Assets :</b>		
Duties & Taxes - TDS	38,877.00		Closing Stock	86,782.00	
Sundry Creditors	1,00,175.00	<b>1,39,052.00</b>	Deposits vide Schedule	27,336.00	
			Loans & Advances vide Schedule	5,40,140.13	
			Cash-in-hand	33,302.25	
			Bank Accounts	10,74,476.60	<b>17,62,036.98</b>
<b>Total</b>		<b>1,06,47,036.32</b>	<b>Total</b>		<b>1,06,47,036.32</b>





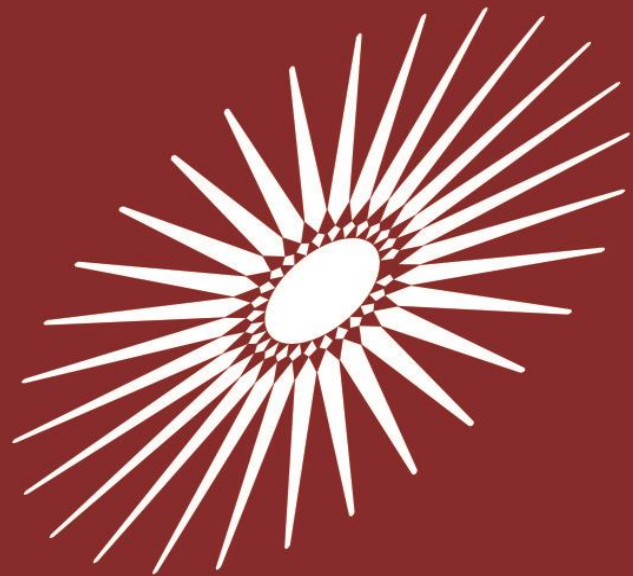
# Income and Expenditure as on 31 March 2020

EXPENDITURE			INCOME		
Applications for the Objects of the Trust:			Donations:		
Chennai:					
Patient Care	1,29,10,302.91		Under 80 G	195,25,748.49	
Administration	10,10,331.91		Under FCRA	10,78,462.43	2,06,04,210.92
Education, Research & Development	4,70,197.00		Other Revenue:		
Resource Mobilisation & Advocacy	4,83,526.22		Kind Donations	87,430.00	
Volunteer Engagement Project	8,27,342.50	1,57,01,700.54	Bank Interest	82,694.00	
Kancheepuram:			Interest on IT Refund	6,990.00	1,77,114.00
Patient Care	17,00,581.00				
Administration	17,516.00	17,18,097.00	Excess of Expenditure over Income		11,79,297.09
Karamadai:					
Patient Care	42,06,396.47				
Other Project Expenses	3,34,428.00	45,40,824.47			
Total		2,19,60,622.01	Total		2,19,60,622.01



'Hospice is a philosophy of care that values  
life from the moment it begins  
to the moment it ends'.

Dame Cicely Saunders



**DEAN Foundation**  
CELEBRATING LIVES

**DEAN Foundation**  
**Old No: 73 / New No: 59, II Street**  
**Aspiran Garden Colony**  
**Kilpauk, Chennai – 600 010**  
**Tamil Nadu, India**  
**Phone:** +91(44) 2660 2112,  
+91(44) 2645 4949  
**Email:** [deanfoundation@gmail.com](mailto:deanfoundation@gmail.com)  
[deanfn@gmail.com](mailto:deanfn@gmail.com)



[www.deanfoundation.org](http://www.deanfoundation.org)



[https://www.facebook.com/DEAN  
FoundationChennai/](https://www.facebook.com/DEANFoundationChennai/)



[https://www.linkedin.com/in/deanfound  
ation](https://www.linkedin.com/in/deanfoundation)



<https://twitter.com/deanfoundation>



[https://www.instagram.com/  
dean.foundation/](https://www.instagram.com/dean.foundation/)