

D|E|A|N Foundation
CELEBRATING LIVES

Dignify and
Empower the
Ailing and the
Needy



Annual Report

April 2018 – March 2019

From our Chair

The ending of a new decade marks a milestone that causes us to reflect on where we have been. When I think back to the beginning of this last decade, I am overcome with gratitude to be where we are today.

The years 2009-2010 was a watershed period for DEAN Foundation - a time of many firsts within the Tamil Nadu government Health Care System : first Rural Outreach center in the Tirupukkuzhi PHC of Kancheepuram Block, Kancheepuram District on 29 Dec 2009, the first Paediatric Palliative Care project in a Government 838-bed Hospital for Children from 10th Dec. 2010, setting up of Centers providing Palliative Care in all the Government Teaching College Hospitals and offering treatment in other Government Cancer treatment Centres.

Then followed the first ever CME in India on October 30, 2013, on “Paediatric Palliative Care” – bringing to my mind the hard work, the team spirit and unflagging support of our Staff and Volunteers, making this event a collective accomplishment... Soon after, on 9th March 2014, saw the inauguration of the first Hospice Charity Kiosk in the country in a Premium Retail space - Express Avenue Mall. Our property in Karamadai, saw the light of day with the beginning of Project SBI Anugraha – Home based care to the rural poor, since May 2017.

“The Hospice isn’t a place where people come to die. It is where they come to live – to live well for the little time they have left. It is a place of celebration, connection, comfort and support. It is a place of safety for the dying and the grieving. Experiencing such care with my father has only fuelled my passion to ensure that as many people as possible can have a similar experience.” Sarah Gray

The key focus this decade, is to advance Palliative and end-of-life care by promoting earlier access, empowering activities to ensure patients and families are well supported in their communities, and supporting Patients’ expressed wishes for dying where they wish to.

My message to our Supporters, our Donors and our Volunteers is that “Into the darkness of pain and suffering, you bring the light of hope – hope for relief of symptoms, the healing of relationships, the restoration of families, investing your money, time and emotional energy, when they have none.”

We look forward to taking you with us on this our journey in the fond hope that you will continue to accompany us.

Deepa Muthaiya

Vision

To create a robust environment that facilitates, nurtures and assists those with core competencies, in the provision of Hospice and Palliative Care services; to address unique challenges and opportunities; and to develop and sustain outstanding research and academic activity, political engagement and service delivery.

Mission

- ❑ To care for those who are suffering from irreversible diseases like Cancer, AIDS , End-stage Diabetes, Neurological and Kidney diseases irrespective of age, sex, religion or economic background
- ❑ To relieve “Total Pain” by anticipating, preventing and treating suffering
- ❑ To help find meaning in the midst of life's struggles in an unconditional, non-judgmental environment
- ❑ To enhance the quality of life
- ❑ To support the family during illness and in their bereavement

DEAN Foundation's Out-patient Centers are visited by patients referred by over 150 doctors in Chennai alone. Patients also approach us through word-of-mouth referrals and through the website. Over 80% of our patients are from the lower income group, devastated financially and traumatized physically, mentally & emotionally by life-limiting, advanced, incurable and chronic diseases.

DEAN Foundation works from:

- (i) the Head Office in Kilpauk; since 1998
- (ii) the Government Children's Hospital, Egmore &
- (iii) the upgraded Primary Health Centre in Thiruppukuzhy, Kancheepuram District; since 2010 and
- (iv) the Karamadai Centre, near Mettupalayam, Coimbatore District; since May 2017.

We also offer Outpatient services at :

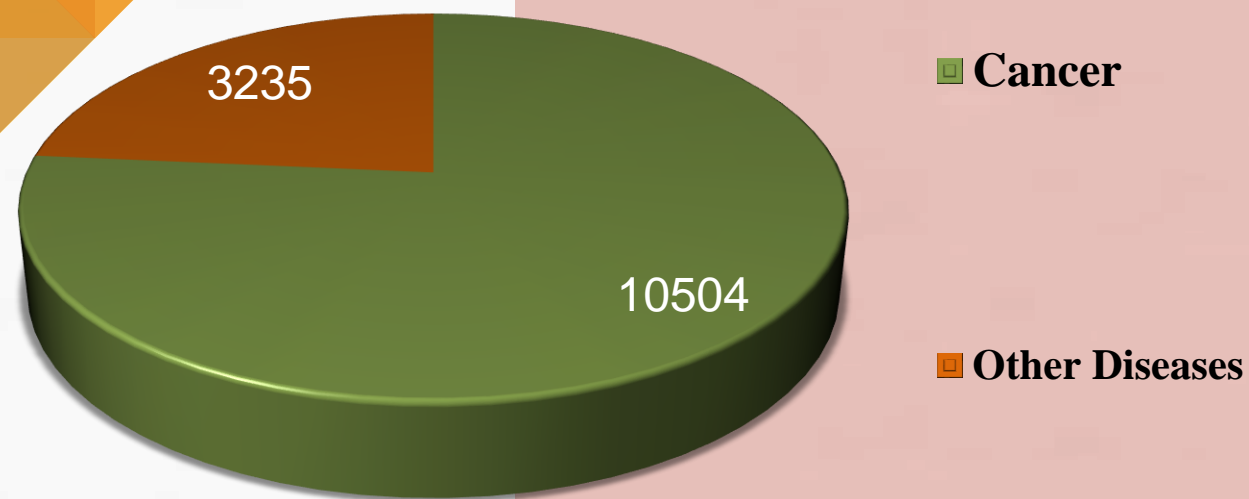
- the Institute of Obstetrics and Gynaecology (IOG) ward attached to the Children's Hospital, Egmore,
- the Arignar Anna Memorial Cancer Centre in Karapettai, Kancheepuram and
- the Tamil Nadu Government Multi Super Specialty Hospital, Omandurar

Cover Page Story

Kamala, 39 years, approached us with Cancer of the ovary with liver secondaries. She used to travel 16 ½ kms. by bus from Kottivakkam to our centre in Kilpauk, Chennai, accompanied by her mother. She needed Abdominal Paracentesis for malignant ascites once in 15 days and as the disease progressed, her morphine dosage was also increased to combat the ever increasing pain. She was a spirited, bubbly, cheerful person who enjoyed tasty food, loved wading in the beach waters, and threw herself into the thick of every activity. There was a child-like innocence on her animated face, and she quickly endeared herself to everybody, in the span of less than a year .

This cover page is dedicated to our dear Kamala !

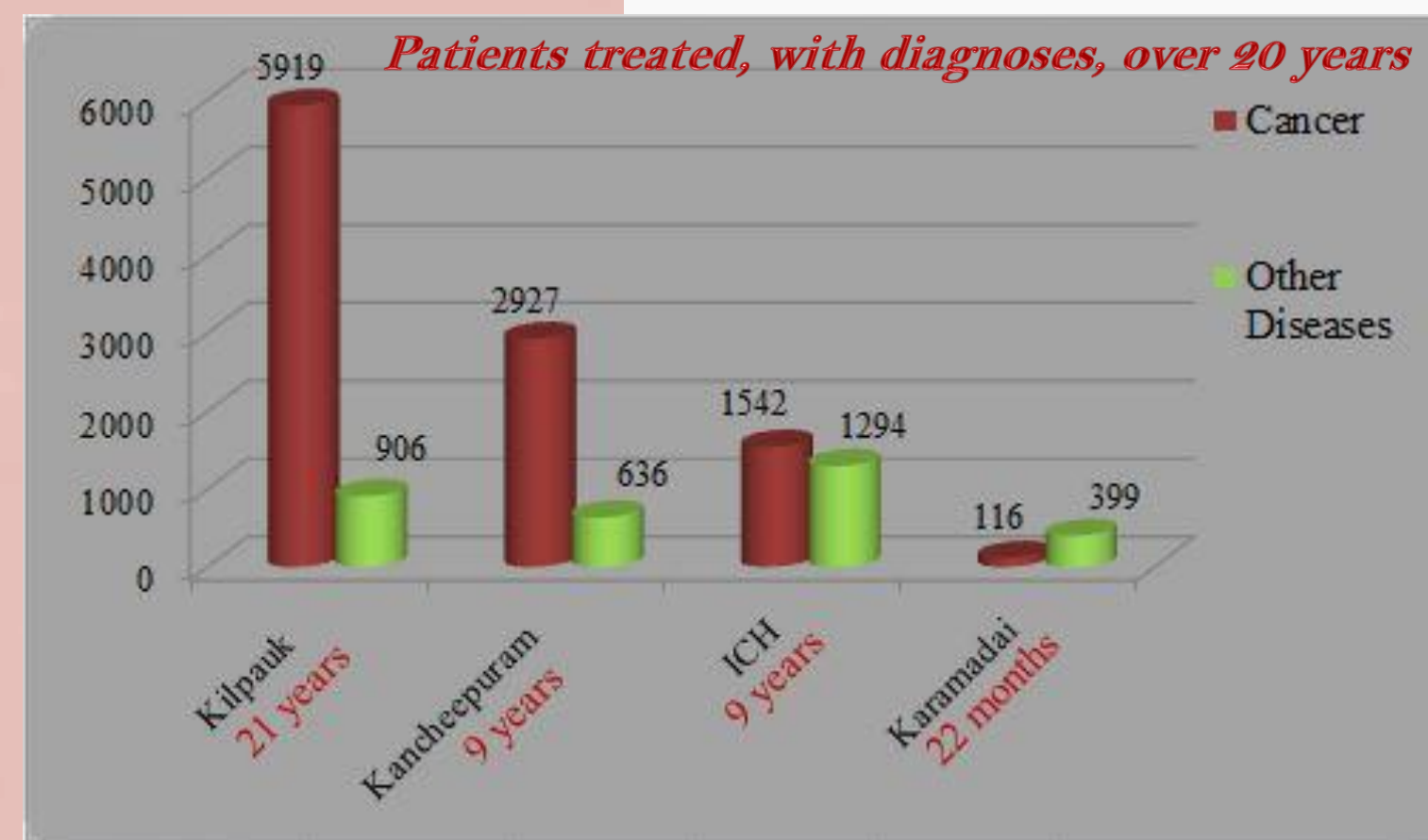
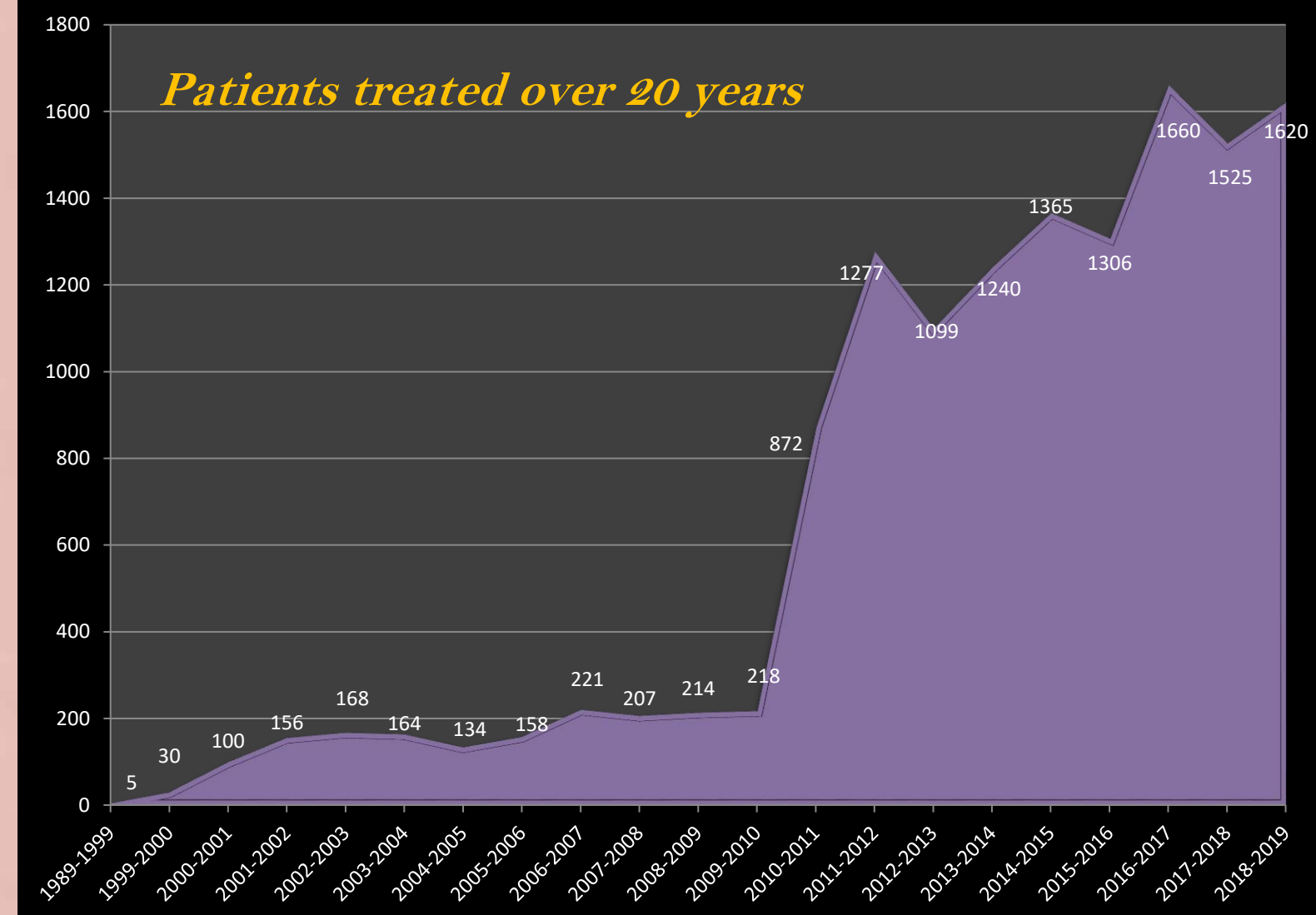
Our Beneficiaries



Total number of new patients registered in all four Centres for the year 2018-19 : 1620

Data from all 4 Centers, since inception:

Patients treated	13,739
Cancer patients	10,504
Inpatient Days	4,235
Home care visits	39,352
Out-patient visits	61,029



DEAN Foundation, Hospice and Palliative Care Centre, Kilpauk, Chennai

Since 1998, DEAN Foundation has worked incessantly towards providing Palliative Care services to the urban and rural poor of the community with Palliative Care needs.

Patient statistics, Kilpauk

from 9 March 1998 to 31 March 2019

Patients treated	6,825
Cancer patients	5,919
Other Diagnosis	906

The Head Office and Resource hub :

- ❖ Mentors and assists in setting up new Palliative Care Centres. Provides awareness, training, education and research
- ❖ Conducts Workshops and Seminars in integrative Treatment modalities/ Therapeutic techniques
- ❖ Provides Out-patient services and Home Based Care

- ❖ Creates new collaborations and partnerships
- ❖ Works with the Department of Health & Family Welfare and State Health Society, Govt. of Tamil Nadu
- ❖ Is involved in advocacy, setting standards, networking and support systems



Rural Outreach Integrated Hospice & Palliative Care and Geriatric Support Services, Kancheepuram

Patient statistics, Kancheepuram Block

from 29 December 2009 to 31 March 2019

Patients treated	3,563
Cancer patients	2,927
Other Diagnosis	636

The Kalyani Priya Palliative Care Initiative

The Kalyani Priya Palliative Care Initiative financially assists the existing project at Kancheepuram by supporting one Nurse-led team, since 1 Dec 2017



- ❑ First pilot rural Palliative Care project (4 months) in collaboration with the Dept. of Health and Family Welfare, Gov't of Tamil Nadu, under National Health Mission sanctioned on 29th Dec. 2009
- ❑ First NGO to be given a place in the Government Upgraded Primary Health Centre in Thiruppukuzhi, Kancheepuram Dist. to provide Palliative Care Services
- ❑ First Rural Outreach Hospice project continuing at the end of the pilot project under the government Health Care System in Kancheepuram District
- ❑ First NGO allowed to assist the Palliative Care Out-Patient Clinic at Government Arignar Anna Memorial Cancer Institute, Kancheepuram District
- ❑ Trains Anganwadi workers and Nurses in various parts of Kancheepuram District in the philosophy of Palliative Care



Department of Hospice and Palliative Medicine, Institute of Child Health and Hospital for Children, Egmore, Chennai

Paediatric Palliative Care ward is staffed and managed by DEAN Foundation at the 838-bed Institute of Child Health and Hospital for Children (ICH), Egmore:

- First Paediatric Palliative Care project in the Tamil Nadu Government Health Care System
- Specialty Ward housed in ICH, one of Asia's premier institutes, handed over to DEAN Foundation for renovation and staffing
- Facilitates a multidisciplinary team approach with consultation of specialists from other disciplines providing seamless care



Paediatric Patients, ICH Egmore from 10 December 2010 to 31 March 2019

Age Group	Male	Female	Total
0 - 3 years	580	411	991
3 - 12 years	1,113	722	1,835
13+ years	6	4	10
Total	1,699	1,137	2,836

Integrated Palliative Care and Geriatric Rural Outreach Project, Karamadai, Coimbatore

DEAN Foundation owns an acre of land in Karamadai Block, located 35 Km from Coimbatore and 8 Km from Mettupalayam, off Coimbatore – Mettupalayam Highway. Activities include Awareness Camps conducted in villages and Home Care visits in and around Karamadai Block.



For the elderly, therapists provide skilled service that achieves the hospice goal of promoting safety, independence, meaning and quality of life, despite the physical and mental decline.

Home Care Visits in collaboration with SBI Foundation – Project SBI Anugraha was initiated in Karamadai Block, Coimbatore District on 7 May 2017.

Patient Statistics, Karamadai from 7 May 2017 to 31 March 2019

- ❖ 17 Panchayats
- ❖ 516 Patients
- ❖ 4884 Home Care Visits



Letters of Appreciation

அனுப்பநர்,
K.V. சின்னராஜ் விஜயா
அணித்தா
4/227-J, பாலாஜி நகர்,
காரைமுலை.

miss. Anthony
CXP/067/0301/18
28/09/19

பெருநர்,
தீண் பவுண்டேசன்,
காரநடை.

Sir,
எங்கள் மகன் அணித்தா உயது 37.2 ல்
2 ன் 2 நுப்புகள் மிக கடுமையாக பாதிக்கப்பட்ட
காரணத்தால், கடிந்த இரண்டு ஆண்டுகளாக மிக
கூஸ்தோடும், கவலைபோடும் என்ன செய்வதென்று
அறியாமல் குடும்பமே மிக மன உளச்சுழக்கு ஆளாகி
கிடந்த நேரத்தில் தீன்-பவுண்டேசன் மருத்துவ சூழ
தானாக முன் உந்து எங்கள் மகனா வொரும்பெற்று
அவர்கள் கொடுக்கின்ற சிகிச்சையாலும் ஆலோசனை
-யாலும், தைரியத்தாலும் நாங்கள் குடும்பமே மிக
சந்தோசம் அடைகிறோம்.

காலம் தவறாமல் குறிப்பிட்ட நாளில் தரிபான
மருத்துவ சிகிச்சை எங்களுக்கு மிகுந்த மனநிறைவை
அளிக்கிறது. தீர்வுபெறாத மருத்துவ குழுவை
எங்களுக்குத் தேவை, அதற்காக நாங்கள் மிகவும்
நன்றி சொல்ல கடமைப்பட்டிருந்தோம்,
மிகக் நன்றி நன்றி நன்றி.

இப்படித்தான்,

K v சின்னாநாடும்

இலம் :- ஸார்வாஜி நகர்,
நாள் :- 28/09/2019

[21827]

*Miss. Danushya, age 10 years,
Acute Lymphocytic Leukemia*

தொடராளியின் மையம் : திருச்சிமா - 10
மயம் / பாலினம் : 10 / மென்
தொடர் : கிரத்தம் 4 மீட்டர்கள்
திருச்சியின் மையம் : திரு. பாலாஜி
நாமின் மையம் : திருமதி திருமதி

[illegible]

இப்படிக்கு

தேவகுமாரி

31-01-19

Thank you Dean

Inbox

E

evangeline sand... 10/9/2019
to me, deanfoundation ✓

Dear All,

Greetings for the day,

We are indeed grateful for all the support rendered by your team during the difficult time my family went through. I just cant thank you enough! Of course inexplicable! But I would like to use this opportunity to honour few individuals mentioning about their attributes for the way they helped us.

Mrs. Anita - Highly responsible , her follow up was tremendous. I should also mention the care which she showed towards me,She took time to talk to me during my hard times even at late nights giving me lot of emotional support which really boosted me up. I truly admire her gentle , friendly and lovable approach every time. I specially want thank her for all the love & support .

Sis. Nikita - Very polite and a humble girl.

Sis Mangai - Very lively and Enthusiastic person with lot of passion showing genuine care. I highly appreciate her positive attitude. My mom personally liked the way she interacted (Auntie your alright ! nothing to worry !) with her, boosting up her mental strength. Its a simple line but it made lot of change at that moment. I thank Sis Mangai for that.

Dr.Sugadev - Approachable, Very kind , Simple and Extremely patient .My mom was very touched by the way he treated her. My mom said she was very moved by his genuine love & compassion when he wiped her tears with his hands when I was not next to her. I thank and respect him for his care & thoughtfulness.

Well, I'm really surprised by the way your team works with so much of passion and humanity .

I am humbled and honoring God for sending you and your team to my family and to many as a symbol of his love for us! We, as a family appreciate your contribution to the society I pray that God will give you all the strength and requirements to continue to be a blessing to many.

May the grace of our lord Jesus be with you all.
Thank you team soooooooo much !

Thanks/Regards,
Evangelin.S (Eva)

***Mrs. Vijaya S., age 63 years, Carcinoma Lung,
Metastasis to Brain, Bones***

Some highlights of 2018-2019

May 25, 2018: A group of volunteers led by Mr. T.C. Janardhanan gifted a 49" Samsung TV with an Airtel subscription for a year providing much needed entertainment for the children and their caregivers



Sept. 3, 2018: Ladies Wing of the Bikaner District Jain Association, Chennai donated a UPS and Luminous Batteries for Karamadai as also medicines for the ICH, Egmore



A 2 min video Video entitled Hope by DEAN Foundation, documentation and editing was done by Ms. Maria Joseph, a student volunteer.



Sept. 22, 2018: On the occasion of Rose Day, our volunteer, Mrs. Nalini Senapathy was the Guest of Honour at the Guru Shree Shanthivijai Jain College for Women, Vepery



Sept. 30, 2018: MZee Symphony, an annual event organised by the residents of Metrozone, featured DEAN Foundation in their Sept. 2018 musical event 'Anandaragangal'

Oct. 13, 2018: World Hospice & Palliative Care Day celebrated at Elliot's Beach



Dec 14 to 17, 2018: A Workshop on Acupressure was organised by DEAN Foundation in collaboration with Prof. K.K.Mishra of Likhit Acupressure Evam Young Shodh Sansthan. This was designed to enable a novice to start practising Acupressure with confidence.



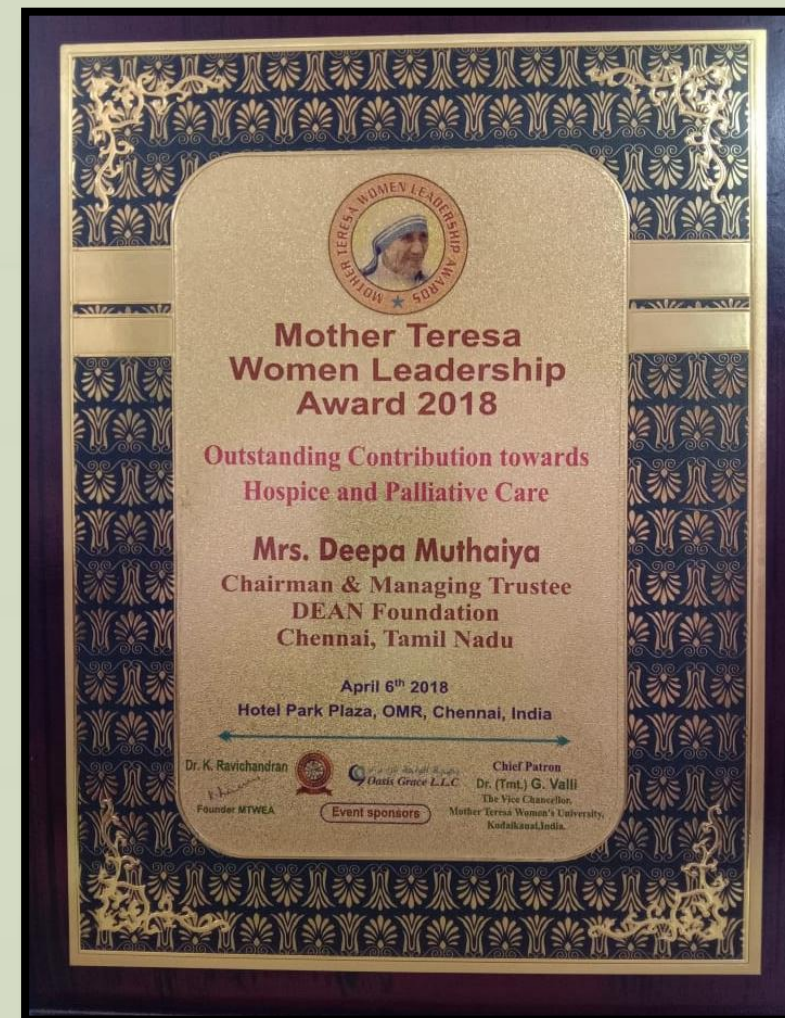
March 1, 2019: Mr. Mahendra Kumar Rekhi, MD and Mr. Aman Bhaiya, Asst. VP, SBI Foundation, Mumbai, visited our Paediatric Palliative Care Ward at the Children's Hospital, Egmore



March 8, 2019: Early morning walkers were greeted by our medical team, on DEAN Foundation's 21st Anniversary, for a free health check-up at the Elliot's Beach !



Accolades & Publicity



April 6, 2018: Mother Teresa Women Leadership Award to Mrs. Deepa Muthaiya



March 8, 2019: ICSI Guest of Honour on International Women's Day

Registration Details

Type	Reg. No.	Reg. Date	Valid until
Trust Regn.	271/98	9/3/98	Permanent
Section 12AA	60/98-99	25/5/1998	Permanent
FCRA	75900984	18/8/2004	1 Nov, 2021
80G	DIT(E) No. 2(20)/98-99	25/5/1998	Permanent
Board of Trustees			Permanent

Mrs. Deepa Muthaiya

MA Eng., MA, MPhil (Journalism and Communication)

Managing Trustee

Dr. Ravi Sundar George

M.V.Sc., Ph.D. Professor & Head, Dept. of Veterinary Surgery & Radiology, Tamil Nadu Veterinary & Animal Sciences University

Trustee

Mr. Vikram H. Kalkura

B.Sc Maths, Consultant - Software Developer

Trustee

Staff Remuneration

Gross Annual Salary & Benefits (INR)

Head of the Organisation	Nil
Highest Paid	Rs. 7,99,200/- per annum
Lowest Paid	Rs.72,216/- per annum

Staff Travel

Travelling Expenses to Board Members	There is no reimbursement or remuneration to Board Members
National Travel	Rs.2,93,647.00
International Travel	Nil

Balance Sheet as on 31 March 2019

DEAN Foundation Hospice & Palliative Care Centre
Old No.73, New No.59, II Street, Aspiran Garden Colony, Kilpauk, Chennai – 600 010

LIABILITIES

ASSETS

Capital Account:			Fixed Assets :			
Corpus Fund	49,26,006.00		Bought Assets		55,03,307.60	
Capital A/c.	25,89,348.41	75,15,354.41	Fixed Assets From Donations in Kind		2,41,258.00	
			SBI Funded Fixed Assets		10,63,889.30	68,08,454.90
Loans (Liability):			Current Assets :			
Secured Loans	9,12,162.70		Closing Stock		98,040.75	
Unsecured Loans	28,72,875.40	28,72,875.40	Deposits (Asset)		27,100.00	
Current Liabilities:			Loans & Advances (Asset)		5,51,200.13	
TDS Payable		34,923.00	Cash - in - hand		52,167.25	
			Bank Accounts		37,98,352.48	45,26,860.61
Total		1,13,35,315.51	Total			1,13,35,315.51

Income & Expenditure for the year ending 31 March 2019

DEAN Foundation, Hospice & Palliative Care Centre Old No.73, New No.59, II Street, Aspiran Garden Colony, Kilpauk, Chennai – 600 010					
EXPENDITURE				REVENUE	
Application of Income for the Objects of the Trust:			Amount	Donations:	Amount
Chennai:				Under 80G	1,34,73,779.00
Patient Care		97,20,620.76		Project SBI Anugraha	10,06,224.00
Administration		8,04,574.73	1,05,25,195.49	The Kalyani Priya Palliative Care Initiative	9,09,000.00
Education, Research & Development		3,25,492.00		United Way of Chennai	9,25,000.00
Resource Mobilisation & Public Relations		7,27,446.84		GiveIndia	3,68,250.00
GiveIndia		2,50,233.00		GiveIndia FCRA	33,677.13
United Way of Chennai		18,29,483.00	31,32,654.84	FCRA Donation	12,23,840.00
				Miscellaneous	6,28,276.89
Kancheepuram:					
The Kalyani Priya Palliative Care Initiative		16,16,702.00			
Administration		18,683.00	16,35,385.00	Other Revenue:	
Karamadai:				Bank Interest	52,438.00
Project SBI Anugraha		34,73,256.75			
Other Project Expenses		10,22,393.50	44,95,650.25		
				Excess of Expenditure over Income	11,68,400.56
Total			1,97,88,885.58	Total	1,97,88,885.58

It's only when we truly know and understand that we have a limited time on earth – and that we have no way of knowing when our time is up, we will then begin to live each day to the fullest, as if it was the only one we had.

- Elisabeth Kübler-Ross



DEAN Foundation
CELEBRATING LIVES

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